



# September 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p><b>***PA Training is on Sept 8 following regular skating. 5-5:50 on ice 6-7:30 off ice</b></p>	<p><b>Off-ice has its own schedule. Please refer to the website</b></p>				
2 <i>Alternating Sundays* Every other Sunday is on ice or off-ice for Intermediate and Senior. Coloured is the group on ice.</i>	3	4 <b>1st day of skating</b> Int* 4:00 – 6:00 Sr* 5:20 – 7:45  <b>*INT – note your ice starts at 4:00 now SR*– starts at 5:20</b>	5 Regular Schedule Jr 4:00 – 5:15 Int 4:50 – 6:50 Sr 4:50 – 6:50  <b>Additional Ice*</b> Int/Sr 7:00 – 7:50	6 <b>Additional Ice*</b> Int 4:00 – 5:50 Sr 4:00 – 5:50	7 Regular Schedule Comp 4:00 – 4:50 Jr/Int3 4:50 – 6:10 Sr/Int4 6:20 – 7:50	8 Edges/Turns 3:00-3:30  <b>Additional Open Ice*</b> Jr 3:30 – 5:00 Int 3:30 – 5:00 Sr 3:30 – 5:00 PA Training 5:00-6:00 on ice 6-7:30 off ice
9 Regular Schedule Int/Sr 12:30 – 1:30 Alt* Int/Sr 1:30 – 2:00 Sr 2:10 – 3:20 Int/Jr 3:20 – 4:20	10 Regular Schedule Jr 4:30 – 6:00 Pr Jr+ 4:30 – 5:15 Int 5:30 – 7:25 Sr 7:10 – 9:20	11 Regular Schedule Int* 4:00 – 6:00 Sr* 5:20 – 7:45	12 Regular Schedule Jr 4:00 – 5:15 Int 4:50 – 6:50 Sr 4:50 – 6:50  <b>Additional Ice*</b> Int/Sr 7:00 – 7:50	13 <b>Additional Ice*</b> Jr/Int 4:00 – 4:55 Sr 4:55 – 5:50	14 Regular Schedule Comp 4:00 – 4:50 Jr/Int3 4:50 – 6:10 Sr/Int4 6:20 – 7:50	15 <u>Edge/Turn – 3:00-3:30</u>  <b>First Day Rec Prog</b> Pr Sch 3:30 – 4:15 CnSk8 4:15 – 5:00 Pr Jr 5:00 – 5:50
16 Regular Schedule Int/Sr 12:30 – 1:30 Alt* Int/Sr 1:30 – 2:00 Sr 2:10 – 3:20 Int/Jr 3:20 – 4:20	17 Regular Schedule Jr 4:30 – 6:00 Pr Jr+ 4:30 – 5:15 Int 5:30 – 7:25 Sr 7:10 – 9:20	18 Regular Schedule Int 4:00 – 6:00 Sr 5:20 – 7:45	19 Regular Schedule Jr 4:00 – 5:15 Int 4:50 – 6:50 Sr 4:50 – 6:50  <b>Additional Ice*</b> Int/Sr 7:00 – 7:50	20 <b>First Day Rec Prog</b> Pr Sch 4:00 – 4:45 CnSk8 4:00 – 4:45 Pr Jr 4:45 – 5:50	21 Regular Schedule Comp 4:00 – 4:50 Jr/Int3 4:50 – 6:10 Sr/Int4 6:20 – 7:50	22 <u>Edge/Turn – 3:00-3:30</u>  <b>Rec Programs</b> Pr Sch 3:30 – 4:15 CnSk8 4:15 – 5:00 Pr Jr 5:00 – 5:50
23 Regular Schedule Int/Sr 12:30 – 1:30 Alt* Int/Sr 1:30 – 2:00 Sr 2:10 – 3:20 Int/Jr 3:20 – 4:20	24 Regular Schedule Jr 4:30 – 6:00 Pr Jr+ 4:30 – 5:15 Int 5:30 – 7:25 Sr 7:10 – 9:20	25 Regular Schedule Int 4:00 – 6:00 Sr 5:20 – 7:45	26 Regular Schedule Jr 4:00 – 5:15 Int 4:50 – 6:50 Sr 4:50 – 6:50  Adult 7:00 – 7:50 <b>1st day of Adults</b>	27 <b>Rec Programs</b> Pr Sch 4:00 – 4:45 CnSk8 4:00 – 4:45 Pr Jr 4:45 – 5:50 <b>Make up ice**</b> Jr/Int3 6:00 – 7:30 Int4/Sr 7:30 – 9:20	28 Regular Schedule Comp 4:00 – 4:50 Jr/Int3 4:50 – 6:10 Sr/Int4 6:20 – 7:50	29 <u>Edge/Turn – 3:00-3:30</u>  <b>Rec Programs</b> Pr Sch 3:30 – 4:15 CnSk8 4:15 – 5:00 Pr Jr 5:00 – 5:50

**\*\*\*Please note\*\*\* -- The colour coded times are worked into your skating days/package, you have paid for them please use them ☺**

**\*\*Make up ice for the Tourney in November 2 (no ice)**